

# 7 DAY CHALLENGE

Get your crap  
together so your  
Family won't have to!



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CaringHub.net

# Welcome

*Welcome to the Caring Hub Community! We are so glad you are here!  
At CaringHub, our goal is simple...to help you get your crap together, so  
your Family won't have to!*

*You may be asking yourself: "Why do I need to get my crap together?"*

*The answer is simple: Because you want to do everything you can to  
protect your family and loved ones!*

*Accidents happen every day. Emergency  
health issues can occur with no notice. With  
the help of CaringHub, you will record vital  
information that your family and loved ones  
need (if and when) you should depart this  
earth.*



*At Caring Hub, we will not only help you get organized, but will give you  
the benefit and gift of getting your crap together for your loved ones. You  
will compile and everything your survivors need to know, including  
personal, financial and legal information, as well as your final wishes  
and arrangements.*

*Take the steps necessary to prepare and protect your Family!*

*Anna M. Bella*

**CHIEF CRAP COMPILER**

CARINGHUB.NET



**CARINGHUB**

Pg. #

# 7 DAY CHALLENGE

## DAY 1

*Where to Find  
it Master List*

## DAY 2

*4 Documents  
you Need*

## DAY 3

*Financial  
Matters*

## DAY 4

*Insurance is  
not crap!*

# 7 DAY CHALLENGE

## DAY 5

*Protecting your  
Property*

## DAY 6

*Protecting  
your Personal  
Information*

## DAY 7

*Planning  
The End*

## THINGS YOU NEED BEFORE THE CHALLENGE

- 1 Download the "QUICK START GUIDE" by clicking here or by going to [caringhub.net/quick-start-guide/](http://caringhub.net/quick-start-guide/)
- 2 Download the "WHERE TO FIND IT MASTER LIST" by clicking here or going to [caringhub.net/where-to-find-it/](http://caringhub.net/where-to-find-it/)
- 3 Download the "IMPORTANT DOCUMENTS CHECKLIST" by clicking here or going to [caringhub.net/important-documents-checklist](http://caringhub.net/important-documents-checklist).
- 4 Step it up a notch by getting The Book on Amazon. Choose from:-  
*Yup I'm Dead...Now What?* and  
*Yup I'm Dead...Now What? The Deluxe Edition*
- 5 Connect with us and join the discuss on Facebook.



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*Get your crap together so your Family  
won't have to!  
Prepare and Protect your Family!*



# DAY ONE

*On Day 1 you will fill out the "WHERE TO FIND IT MASTER LIST" to the best of your ability. It lists the Important Papers that you will need to locate, compile, as well as their locations.*

Go through the list and see what is applicable to you.

If there are items that are not applicable, then put a line through them.

For example, if you do not have a Partnership Agreement, you can put a line through it.

\*\*\*\*The items you should NOT put a line through are the first four items:

Will, Health Care Directive, Power of Attorney - Healthcare,

Power of Attorney - Finance.

Fill out the "Where to Find It Master List" to the best of your ability.

This will allow you to narrow down Important Documents that you have, and those you will need to get.

## *How to Replace Vital Documents*

After compiling your list of Important Documents, you may come across several documents that you cannot find and will need to get copies of.

If your wallet has ever been lost or stolen, you know what a pain it is to replace your driver's license and credit cards. That goes double when other important documents, such as your birth certificate or passport are misplaced.

Read the Blog Post to find out how to get copies of these documents:

[caringhub.net/where-to-get-it/](http://caringhub.net/where-to-get-it/)

Today's assignment is to get copies of those documents you can't put your hands on.

# DAY TWO

## *The 4 Documents every Adult should have*

One part of being responsible to your family and friends is having the right legal document in place to protect them if something happens to you.

Most people procrastinate doing this because they think it will be expensive or time consuming, and let's face it, preparing for tragedy is not much fun.

Remember even if you're married, you still need emergency documents.

Go to [caringhub.net/4-docs/](http://caringhub.net/4-docs/)  
to see what they are and why you need them.

## *Assignment*

In the Quick Start Guide:  
Read and fill out up to page 8.

Read more about Advance Care Planning here:

<http://caringhub.net/advance-care-planning/>

Read more about Power of Attorney here:

<https://www.aarp.org/caregiving/financial-legal/info-2019/types-of-power-of-attorney.html>

Read more about Why You Need a Will here:

<https://www.aarp.org/money/investing/info-2017/why-you-need-a-will-jbq.html>

Need a replacement card or document? Find out where here:

<https://caringhub.net/replace-your-vital-records/>

# DAY THREE

*Welcome to Day 3! Today you will compile your Financial Information.  
Your Executor will need this information to close and pay accounts.*

When you decide to "ditch this joint", financial matters can get complicated very quickly.

On Day 3, you will not only list your Bank and Credit Card Accounts, but will record who your Financial Power of Attorney is.

Read more about why you need a Financial Power of Attorney here:  
<https://caringhub.net/do-you-need-a-financial-power-of-attorney/>

## *Assignment*

In the Quick Start Guide, read page 11 and fill in the Financial Sections on Pages 12 and 13.

*You are doing an awesome job of getting your crap together,  
so your Family won't have to!*

Way to stay focused on preparing and protecting your Family!



# DAY FOUR

*Insurance is NOT crap!*

Welcome to Day 4!! Today you will compile information about your Insurance. Your Survivors will need this information in order to pay/cancel/close your accounts.

Today, you will document everything about insurance. Life insurance is designed to financially protect your Family's financial security and can be used to protect loved ones in a number of ways:

- To pay for final expenses
- To pay anticipated taxes
- To pay off remaining debts
- To provide funding for future goals, such as education

## *Your Assignment*

List details of your Life Insurance Policies on Page 14, as well as other Insurance Policies on Page 15.

Still thinking you don't need Life Insurance?  
Read this article from  
[nerdwallet.com/blog/insurance/who-needs-life-insurance/](http://nerdwallet.com/blog/insurance/who-needs-life-insurance/)

# DAY FIVE

## *Protecting Your Property*

On Day 5, you will document a your Real Estate owned, Rentals, Vehicles, Heirlooms and Personal Items, Firearms, Storage Units, Safe, Safe Deposit Boxes and any hidden treasures you may have. I smirk about the hidden treasures, because ever since I've known by husband (23+ years), he has been talking about how it would be something if we found a hidden treasure? Maybe I'll fulfill his dream and hide a box full of coins for him. ;0)

## *Your Assignment*

List your Property, Vehicles, Possessions, Heirlooms, along with details and supporting document locations on Pages 16-18.

Read these articles:

<https://www.perklawgroup.com/why-are-heirlooms-the-source-of-family-conflict-in-probate/>

<https://familyhistoryquickstart.com/how-to-manage-family-heirlooms/>

# DAY SIX

## *Protecting your Personal Information*

Over your lifetime, you accumulate a lot of documents that contain your personal information. You want to be sure this information does not get lost or into the wrong hands. Take the steps now to organize and secure this information to help your family avoid issues in the future. Make sure your inventory and important documents are securely stored. It is recommended to use a locked, fireproof, waterproof box, which is kept in a safe and secure location of your home.

Read: [caringhub.net/where-to-store-your-stuff/](http://caringhub.net/where-to-store-your-stuff/)

## *Your Assignment*

List the details and location of your important documents. Some of these are able to be transferred from The Where to Find it Master List. These can be found on pages 20 and 21 of the Quick Start Guide.

# DAY SEVEN

## *Planning The End!*

Welcome to Day 7! Today you will be planning The End!

If you've ever settled a loved one's affairs, you know how much goes into planning a funeral or memorial service. Family and friends may differ in opinions about how the person should be honored, and decisions must be made very quickly.

Documenting your wishes will provide tremendous relief to your loved ones. If you choose to go one step further, and pre-plan and pre-pay for your arrangements, then that is the ultimate way to, (not only) be sure your wishes are honored, but to alleviate the stress placed on family members, and to get the best price on these services and arrangements.

## *Your Assignment*

On Pages 22 and 23, you will indicate all details regarding the Type of Service you would like, existing arrangements as well as location of documents, who you would like invited, as well as timing, special requests, music selection, readings, Pallbearers, right down to whether or not you would like a celebration of life and the food you would like included.

Use the Funeral Services Comparison Worksheet to help itemize costs and to choose the best option for you.

Here's a good read:

<https://www.consumer.ftc.gov/articles/0305-planning-your-own-funeral>



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*You are well on your way to getting your crap  
together, so your Family won't have to!*



# WHAT ELSE?

*Are you anxious to keep going now that you're on a roll?  
We understand and we've got you covered. Keep reading....*

If you already have a copy of Yup I'm Dead...Now What?  
Great job! It will help you immensely, and it will be a  
valuable gift for your loved ones when the time comes for you  
"ditch this joint!"

If you don't already have the Yup I'm Dead...Now What? Book,  
you can get it here:

**Amazon**  
**Barnes and Noble**  
**LuLu Marketplace**

*What's the difference you ask?*

Amazon is a little faster.

If you're in a hurry and you have Prime, you can get it in a couple days.

Barnes and Noble is just Barnes and Noble.

LuLu is a few pennies cheaper and comes with a spiral binding which can be  
a little easier to work with. LuLu takes a little longer (5-7 days depending on  
shipping).

Each have their benefits. If you want to get started pronto, go with Amazon.

## NEXT STEPS

*Don't stop now. You've made great progress and need to keep going! Your Loved Ones will thank you for it.*

*Stay Connected. Like our Facebook Page, Follow us on Pinterest.*

*Be sure to update your Info (or Book if you have it) regularly or as things change. You can have peace of mind knowing that you've taken the steps to Prepare and Protect your Family.*



*Get your crap together so your Family won't have to!*

